

WINNER OF THE
*AARP Livable
Communities Award*



www.aarp.org

Green Initiatives

Residents express their vision for a sustainable world in diverse ways, from efforts as basic as water harvesting, composting, and organic gardening, to more complex technologies like solar collection and electric cars. Our car-sharing group has recently implemented some carbon-reducing strategies, including a collectively leased and operated electric car.

*To inquire about available homes
or to experience firsthand
who and what we are, contact:*



**SAND RIVER
COHOUSING**

505.473.1059

www.sandriver.org



Elder Cohousing

COHOUSING COMMUNITIES are founded on the idea of participatory design and operation. Residents collaborate on all aspects of common use and management, and are consciously committed to living as a community.

INDIVIDUAL HOMES are clustered around an open space and common house. Each home is completely self-sufficient but group dinners and other activities are shared on a regular basis.

WHILE MOST cohousing communities are multi-generational, Sand River is one of the few in the United States specifically for elders. The concept of elder cohousing has its roots in Denmark, where such communities are common.



**SAND RIVER
COHOUSING**



*Active • Green •
Sustainable • Caring*

*An award-winning, participatory community
grounded in the principles of
conscious aging,
decision making by consensus,
environmental stewardship,
and a connection to Place.*





Life at Sand River

WE WORK AND WE PLAY. We are actively engaged in community—with one another as well as with the hands-on business of establishing and operating a healthy, viable cohousing village. In addition to bi-monthly community meetings that address current issues and engage members in community-building processes, various teams such as Landscaping and Community Support plan and execute the necessary tasks under their care, sometimes with the assistance of the rest of the community.

THE COMMON HOUSE is the heart of our community where we prepare and share dinner together once a week, study tai chi or take a poetry class, watch films, and engage in fireside chats on conscious aging.

WE ARE NEW and building from the ground up—in some ways quite literally. In this creative and demanding stage of development, we welcome new members who would like to join us in realizing our values and goals for a more caring and sustainable community and world.



Who We Are

In dedicating ourselves to lifelong personal growth, friendship, respect for the environment, and service to others, we aspire to embody the following values:

Wisdom. We respect the diversity of paths to personal growth. Deepening our connections to the natural world and others in the place that we live is a significant part of conscious aging.

Community. We live in a respectful, egalitarian community which uses consensus to guide our decision making. We are creating a peaceful, aesthetically pleasing environment that nurtures a sense of community and individual contentment.

Friendship. We value one another and the expression of mutual caring. We cherish and celebrate our diverse origins, joys, talents, beliefs, and life experiences.

Environment. We affirm a sustainable future by conserving resources and living ever more lightly on the Earth.

Service. We offer service to the larger community both as individuals and as representatives of Sand River.



Living Green

SAND RIVER IS A LEED* community with the following sustainable design features:

- Universal design • Permeable paths and trails
- Accessible public transportation
- Community open space
- Water-saving features • Rainwater harvesting
- Native plants and trees
- Passive solar orientation
- In-floor radiant heat
- Healthy indoor air quality
- Energy-Star qualified
- 30% more energy efficient
- Low e windows • Blown-in cellulose insulation
- Photovoltaic-ready hookups

*Leadership in Energy & Environmental Design

THE HOUSING TRUST, the nonprofit developer of Sand River, is dedicated to improving lives through affordable-housing options.



Photos by Rosemary Driscoll, Pauline Sargent, Adele Strasser, and AARP.